Why change my accent or dialect?
Perhaps there have been occasions when you avoided social gatherings because you were embarrassed or frustrated by others’ reactions to the way in which you speak. You may have sometimes thought that the way you are perceived because of your dialect or accent does not match the personal or professional image that you wish to portray. When people listen more attentively to how you speak than to what you say, your accent or dialect may have become a barrier to effective communication.

How do I get started with training?
Contact the UNCG Speech and Hearing Center for an appointment.

School of Health & Human Sciences
Department of Communication Sciences & Disorders

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524 Highland Avenue
Greensboro, NC 27402-6170
Phone: 336.334.5939
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Accents and dialects are a natural part of language and can be charming, distinctive, and a signature of an individual’s cultural, regional, and linguistic background. In order to improve the way that you naturally speak, commitment, extensive practice, and tailored instruction from a qualified speech–language pathologist are necessary. A speech–language pathologist can help you effectively modify speech characteristics such as pronunciation, intonation, syllable stress, rhythm, and grammar.

Accent Modification

- Are you a non-native speaker of English?
- Do people have a difficult time understanding your accent?
- Are you frequently asked to repeat yourself on the telephone?
- Do you feel stressed in public speaking situations because of your accent?
- Is your accent negatively impacting your career advancement?

Consider improving your spoken American English skills by enrolling in Accent Modification Training at the UNCG Speech and Hearing Center.

Dialect Modification

- Are you a native speaker of English who speaks with a dialect other than Standard American English?
- Do people frequently ask you to repeat yourself because of your dialect?
- Do you ever experience a negative reaction to your dialect?
- Do you believe that learning to speak Standard American English in certain settings could possibly have a positive impact on your personal or professional life?

Think about learning how to “codeswitch” to Standard American English when desirable by enrolling in Dialect Modification Training at the UNCG Speech and Hearing Center.

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